

CROSSROADS

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New UOD policy in place

Col Barbara Jacobi
U.S. Forces Azores commander

In a June 17 message, Gen. John P. Jumper asked all major commands to return to the normal uniform of the day. Wear of the appropriate uniform on a day-to-day basis reflects both our professionalism and pride in our daily business both on and off base. The following uniform policy is effective immediately:

UOD for U.S. Forces Azores is Blues/Whites, or service equivalent. However, personnel working in an industrial environment are authorized to wear battle dress uniform or service equivalent. Also, personnel working on the flight line are required to wear a reflective belt during the course of their duties, and all military personnel are required to wear a reflective belt or vest while outside during hours of darkness or the low-light conditions of dawn or dusk.



Medical survey

The 65th Medical Group is participating in a Service Delivery Assessment telephone survey to get patient feedback. The SDA contractor from the United States will contact primary care patients beginning Aug. 11. Patients should expect to be called between 5-8:30 p.m. Questions will focus on staff help and service provided, which services were used, and the appointment process. Surveyors have no, and will request no privacy or personal information. The feedback will help 65th MDG leadership to assess the service and care provided. The 65th MDG encourages and appreciates patient support in improving their service. For more, call Patient Advocate Maj. Donna Weed at 2-5077.

SNCO Induction

The Tri-Service Top-3 Association is hosting the wing SNCO Induction seminar for 26 Lajes, Master Sergeant Selectees. These new Senior NCOs will receive three days of curriculum capped off with a formal induction ceremony/banquet, Aug. 20-22. Attendees are by invitation only Aug. 20-21, but all are welcome to attend the banquet Aug. 22. Contact your unit First Sergeant for additional information.

Student registration

New student registration for high school students is 9 a.m. – 3 p.m. Monday-Friday through the end of summer. First day of classes for the high school and the elementary is Sept. 2 at 8 a.m.

Masons tournament

Masons Organization will hold a 3-on-3 basketball tournament/barbeque sale Aug. 9th at Ocean View Park. For more, call Terrence Packer at 2-3188.

This week's Guest DJ:
Tech Sgt. Jason Tudor
65th Air Base Wing

Open wide



Col. Barbra Jacobi assists Airman 1st Class Tasha Woodard, dental technician, as she cleans Staff Sgt. Latonya Jelks' teeth. Jacobi shadowed Woodard Tuesday for "Bring your commander to work day." (Photo by Lt. Yvonne Levardi)

New USAFE commander

Gen. Gregory S. Martin, U.S. Air Forces in Europe commander, will hand the command guidon Aug. 12. Page 4



In memory of Master Sgt. James Goodwin Oct. 24, 1959 - Aug. 2, 2003



The Lajes community suffered a great loss over the weekend when Master Sgt. James Goodwin, First Sgt. of both the 65th Security Forces and Civil Engineer Squadrons, passed away.

His death affects many at Lajes, because across the base he had many friends and coworkers. As a first sergeant he led and guided many airmen; as a friend, father and husband he touched many lives and hearts Air Force and world wide. But most of all, Sergeant Goodwin was well known, well liked, and a leader and friend to Team Lajes. He excelled in every duty he took on, and put people first, every time.

"I told him when I found out I made Master Sgt. I wanted to become a shirt, and that's why I was filling in for him when he passed away. He had a big influence on my decision to become a shirt - he always gave me words of encouragement," said Technical Sgt. Maria Kraft, 65th

Civil Engineer Squadron. "He always came by to see if I wanted any extra duty. He called it 'opportunity to excel.' I never turned him down no matter how busy I was."

"He would always help out on any special event if it were one of his squadrons or not. He'd volunteer when no one else would, and spark everyone to jump in and help," said Master Sgt. Howard Chatman, 65th Civil Engineer Squadron. "My favorite time with him was every Friday when we would play 8-ball. It would be him and Master Sgt. (Rudy) Montez against me and Master Sgt. (Bryant) Jones. Master Sgt. Maler would be on the side chanting for the shirts against us. We had great times doing this; he will surely be missed."

"Master Sgt. Goodwin was a teacher and mentor to many. If we take one lesson from his life it's this: live each day to the fullest," Col. Barbara Jacobi, U.S. Forces Azores and 65th Air Base Wing commander.



Around the Blue

News & Notes from Around the DOD and Air Force

Civilians authorized exercise time

Air Force appropriated-fund civilian employees are now authorized to take up to three hours off each week to exercise according to a policy change memorandum issued June 23.

It is all about encouraging employees to adopt lifestyles that support healthy working environments, said Maj. Gen. John M. Speigel, director of personnel policy.

"Incorporating this policy into our current environment is reflective of our continuing interest in fostering healthy

lifestyles, and is especially important considering the stressful environment in which we work and live," Speigel said.

This policy will be left up to local commander discretion, based on mission requirements and major command guidance, the general said. As workloads permit, managers and supervisors will determine the employees' use of time off for exercise activities. Commanders are free to use other flexibilities already in place such as alternative work schedules, credit hours, compensatory time-off, annual leave or leave without pay.

Pamphlet explains transformation

Transformation is on the mind of every Air Force leader, but for many airmen, understanding the Air Force's plan for transformation proves difficult.

The Air Force hopes a new 20-page booklet called "The Edge" will explain the concept of transformation to the service's uniformed airmen and civilian employees, a Pentagon official said.

Maj. Gen. Ron J. Bath, director of strategic planning, said the goal was to tie together all the aspects of the "Trans-

formation Flight Plan" into something everyone could understand.

He said they wanted to convey the message of Air Force leadership, and the message that the USAF has always been transformation by nature. The Transformation Flight Plan is the Air Force's roadmap for transformation, as mandated by the September 2001 Quadrennial Defense Review. The Edge explains and gives examples of the three pillars: organizations, new technologies and operational concepts.

Approximately 2,000 copies of The Edge have been distributed to all Air Force major

Mandatory Use of myPay for USAFE

By Staff Sgt. Olenda Kleifner
Crossroads staff writer

All USAFE military members must have a myPay PIN number no later than Oct. 1, as the use of myPay goes mandatory throughout USAFE.

"Beginning Jan. 1, 2004, the hardcopy leave and earning statements will be discontinued," said Tech. Sgt. Scott Rios, chief of finance customer service and customer support. They will only be available online or through the finance office.

"The myPay initiative is an excellent example of technology transformation," said Gen. Gre-

gory Martin, U.S. Air Forces in Europe commander. "It empowers our people to efficiently manage their personal finances online 24 hours per day, seven days a week. Members can view LESs on advance of the pay period, make tax changes and update direct deposit information."

With myPay, military members can view, print and save leave and earnings statements, view and print tax statements (W-2), change federal and state tax withholdings, update bank account and electronic fund transfer information, manage allotments, make address changes, manage U.S. Savings Bonds, control Thrift Savings Plan enrollment, view and print retiree account statement, view and print an-

nuitant account statement, provide report of existence and update certificate of eligibility.

To get a PIN or to reactivate a suspended, lost or forgotten PIN, log on and select "new PIN" under the "need a new PIN" option on the myPay homepage at <https://mypay.dfas.mil/mypay.asp>.

A temporary PIN will be mailed to the address of record in the pay system in approximately 10 business days or emailed to .mil and .gov addresses that have been pre-registered from the appropriate administrator.

For more information about myPay, call Tech. Sgt. Rios at 2-6271, customer support at 1-800-390-2348 or log on to myPay and click on Frequently Asked Questions.



National Night Out

Members from the 65th Security Forces Squadron did a K-9 demonstration for National Night Out 2003 Tuesday at the Youth Center. This is an annual program to promote neighborhood spirit and police-community partnerships in an effort to deter crime in the Beira-Mar, Nascor do Sol and Lower-T housing areas. Other events for the night included Operation Safe house, Operation House watch and the Neighborhood Watch program, a Security Forces vehicle display, Basic Defensive Tactics demo; tug a war contest and a Local Neighborhood Watch Walk.

commands, agencies and offices, but the document is not just for airmen, but also for Army, Navy and Marine personnel as the military moves towards a joint future.

CAAs help airmen make decisions

Air Force career assistance advisers do more than advise commanders on retention issues; they help shape the force and assist airmen in making informed career decisions.

The position was created three years ago to help counter the service's declining

retention rates.

The job has evolved since then, said Chief Master Sgt. Barbara Opel, the advisers' career-field manager from the Air Force Personnel Center at Randolph Air Force Base, Texas.

Career advisers have been helping AFPC tell airmen about special-duty assignment opportunities as recruiters and military-training instructors. They also have been talking to airmen identified for retraining into critical career fields.

According to Opel, advisers have moved beyond focusing solely on retention.

Senior Master Sgt. David

Sousa, the adviser for the 552nd Air Control Wing at Tinker AFB, Okla., agrees.

"(Our role) is a crucial part in ensuring (airmen) receive all the facts about the benefits and opportunities of an Air Force career," Sousa said. "The service we provide allows (airmen) to make informed decisions that meet both Air Force needs and their own needs."

Advisers use right-decision or informed-decision briefings. These briefings are geared toward first- and second-term airmen within 12 and 15 months of separation.

During the briefings, the

advisers provide airmen with a realistic picture of what is available to them, both inside and outside the military, Opel said.

Airmen are shown the costs of medical care, insurance and housing so they can determine what they would need to earn in a civilian job to maintain a standard of living similar to what they have in the Air Force, she said.

Whether an airman chooses to re-enlist or separate after the completing the briefing, both Opel and Sousa rest assured that the decision was made based on accurate facts and information.

COMUSAFE salutes com



Gen. Gregory S. Martin
Commander, U.S. Air Forces in Europe

RAMSTEIN AIR BASE, Germany (USAFENS) - When I had the opportunity to assume command of USAFE and the then AIRCENT and now AIRNORTH in January 2000, I had no idea we would face as many diverse and challenging global events as we have together. And now, after a little over three and a half years later, as I say farewell and take up a new assignment at Wright-Patterson AFB in Ohio, I do so with the pride and satisfaction of having seen true professionals tackle the toughest assignments, overcome difficult barriers and prevail in battles against natural and human enemies.

In saying farewell to the USAFE and AIRNORTH teams let me reflect briefly on an incredible journey filled with front-page news headline activities. Day after day, you never ceased to amaze the world with your professionalism and commitment to excellence in all you do ... and in all the places you have been called to duty! You have kept the peace in the Balkans through your vigilance in Operations Joint Forge and Joint Guardian.

When the floodwaters rushed over Mozambique, we launched Operation Atlas Response, delivering 767 tons of hu-

manitarian aid to 2 million people in crisis. When terrorists attacked the USS Cole, USAFE airmen transited 5,800 miles to Yemen and Djibouti to treat and recover the wounded in less than 24 hours. You have performed joint exercises with our NATO countries, and hosted landmark exercises with Partnership for Peace countries that established new and key international relationships.

The last three years have seen our medical professionals on the continent of Africa providing medical care to over 24,300 villagers during our annual MEDFLAG exercises in Cameroon, Mozambique, and Uganda. We protected the skies over the NATO Summit in Prague, Czech Republic, while witnessing the expansion of the most successful alliance in history.

The hard-working teams of Lajes, Portugal, and Keflavik, Iceland, joined our USAFE team. Long before Iraq had captured front-page attention, you were proficiently executing Operation Northern Watch.

Learning from Operation Allied Force in 1999 and experiencing our high operational tempo, we understood the need to balance operational requirements with MAJCOM headquarters execution during a major contingency, and so we broke new ground when we created the USAFE The-

Gen. Gregory S. Martin, U.S. Air Forces in Europe commander, will hand the command guidon over to Gen. Robert H. Foglesong during a change of command ceremony 10 a.m. Aug. 12 at Ramstein Air Base, Germany. Martin will assume command of Air Force Materiel Command at Wright-Patterson Air Force Base, Ohio. Foglesong is currently the Vice Chief of Staff, Headquarters U.S. Air Force, Washington D.C. (courtesy photo)

Integrity, Service Before Self and Exc

By MSgt Rob Brooks
65 MSG First Sergeant

As a father of four, each morning is an adventure rivaled only by the previous week's exploits. This past Saturday I was awakened by a sound; unidentifiable, if not terrifying. Guardedly, I rolled over in my bed to behold a disturbing sight. Ally, my bright-eyed 3-year old, held what was positively the left boot of a Santa candle missing now two seasons. Knowing it a mistake, I reached to retrieve the paraffin foot cover of the beleaguered St Nick, finding exactly what I had expected nothing. No belted torso, no belly-o-jelly, no bearded mug. Subsequent investigation revealed a lifeless, limb-less Chris Kringle lodged in the playroom VCR. Fortunately



Master Sgt. Rob Brooks with his wife Robin, daughters Lauren and Ally and sons Jamie and Jamison. (Photo by Staff Sgt. Michelle Michaud)

his exodus was expedited by the strawberry preserves lubricating the otherwise over-worked tape receiver.

Fatherhood is filled with lessons to be heeded by young

and old alike. After spending the day with my oldest daughter Lauren, we thought it appropriate to cap our trek with a meal at a local buffet. While processing payment, the atten-

dant incorrectly assumed Lauren to be 8 years old thus authorizing her the child price at \$2.49 discounted from the 9 and older meal. Lauren is 9, approaching 10. It bothered me how long I pondered this miscalculation before making the correction. It took more than guilt, it took a lightning bolt: "Is your integrity really worth less than three dollars?" A comparatively small thing but I try to teach my kids that either you're trustworthy or not, there's no middle ground. This was one instance more than I care to admit, in which I very nearly fell short of leading from the front.

Though laced with joyous moments, fatherhood certainly has its trials. Jamison is our youngest at 1 and an energetic lad, especially between the hours of midnight and five

Command's warrior airmen

ater Air and Space Operations Center. Since then the UTASC has allowed us to rapidly transition from steady-state contingencies to crisis and war.

Our best efforts to make contingency planning and execution as effective as possible still would never have given us a crystal ball to see what was going to happen on September 11, 2001.

When the unthinkable happened, USAFE and AIRNORTH responded by pulling together an international and joint team to help flow amazing amounts of war materiel to the combat zone while at the same time they established and executed humanitarian relief operations for the starving refugees in Afghanistan.

With American hope and compassion as our driving forces, we provided 2.4 million humanitarian daily rations, 900,000 pounds of wheat, 700 tons of blankets as well as critical cold-weather gear, food and supplies to Afghan refugees in need.

In addition, we expanded Operation Enduring Freedom's combat support capability to 2,400 missions, delivering 25,000 personnel and 69,000 tons of cargo to help win the global war on terrorism in Afghanistan.

When the global war on terrorism involved toppling Saddam Hussein's brutal regime, 95 percent of all cargo and per-

sonnel going by air to the fight moved through Europe.

This unprecedented air bridge was certainly history making, but still just one part of the overall mission in Operation Iraqi Freedom. Because at the same time, you established the entire northern air arm and then airdropped and air landed our entire northern ground force into Iraq to support Central Command in its historic march into Baghdad. It's impossible to capture in this brief space the thousands of individual efforts that went into our victory in Iraq.

From providing mission support, command and control, surveillance, refueling, securing our bases at home and down-range, and logistical planning - you have made America proud and won a major war so that freedom can now begin to grow where before there was only tyranny and oppression.

And most recently, members of our USAFE team were tasked to provide personnel recovery and emergency evacuation support for members of our U.S. Embassy in Liberia.

Members from the 56th Expeditionary Rescue Squadron from Naval Air Station Keflavik, Iceland quickly carried out their mission of transporting the evacuees from the Embassy, while a team from the 786th

Expeditionary Security Forces Squadron, Ramstein AB, Germany secured the area and established communications. A daunting mission, but they carried it out expediently and with no warning.

Regardless of the mission, the professionalism that I've seen and experienced from every USAFE member is unprecedented.

You have supported and accomplished the tremendous duties of providing security and force protection to our nation and the world. And, by virtue of our military presence in Europe and our sense of duty and compassion for others, you've also created partnerships and friendships that I think are extremely important.

Although it's time to say farewell, the embodiment of our USAFE motto: Ready, Vigilant and Proud will live in me for years to come, and I hope this concept will remain with you as well. I'm extremely grateful and proud of all you do for America, the security of international peace and the advancement of human dignity.

Wendy and I leave with an unbelievable sense of pride in knowing that you will welcome the Foglesongs as you welcomed us, and that you will continue to make all of our nations proud of your service in Europe and in NATO. Godspeed, God Bless and Thank You.

cellence in all we do at work, home

in the morning. My wife Robin is a saint in that she's seemingly tireless during these hours. She's active duty too, and the occasional TDY leaves me to cover for her, though admittedly in a less spirited manor. On one such occasion, I awoke to a 'shreeek' and launched from my slumber to Jamie's room. Reminiscent of the Exorcist, I found more Pedialite on the walls and poor Noah's mobile than one would conceivably think came from the petite but highly pressurized package that is my boy. To top it all, he had tiny multi-colored stars stuck to his forehead and back - the kind they use to show attendance at Vacation Bible School. What was troubling is we'd never even bought such an item. Presumably Blake, our 5-year old, was seeking new artistic expres-

sion. To say the least, the cleanup and ensuing four hours were some of the most trying in recent memory. At one point around 3:40 a.m. I could actually hear crying in four-part harmony. I considered leaving them all to cry to themselves to sleep and return to bed myself since the following day at work would certainly prove trying as well. But though a little grumpy, I went to work on one and a half hours of sleep.

As some know, I'm blessed with very bright kids. In fact, they know everything about everything; just ask them ... the ones that can talk anyway.

Nobody likes a know-it-all right? Admittedly those types can be quite destructive to the common good. My good friend John reminds me of a phrase I coined some time ago

and over use to this day: "if you don't know, say you don't know." From the same cliché family as "if you're wrong, say you're wrong", "If the baby is ugly, say the baby is ugly," simply say you don't know then go find somebody who does. Ultimately the common good will prevail and you will seem much wiser.

In uniform I'm a bit of a father figure for not just my four, but also the enlisted corps whom I'm charged to serve. Certainly each of them needs the guidance of my position on some level. An awesome responsibility to be sure. I'm fortunate in that I've enjoyed some measure of success both at home and on the job. I submit it's the same guiding principles that have enabled me to do that on both fronts. I try always to do the right thing even

when, especially when, nobody would know otherwise. I'm resigned to help my fellow man even if at some cost to me and my personal goals. I choose to seek and encourage others to seek the wisdom of those truly in the know. Often this means enabling your airmen and staff sergeants and getting out of the way; always the common good - the mission will prevail.

I don't generally take my troops to the buffet or spend colicky nights with them. Nor do I suggest that our collective force resembles the all-knowing, affectionately dubbed "Brooks Brats". I do however submit the motivators that prove fruitful at home also have a place in our workforce. Let's call them: Integrity, Service Before Self, and Excellence in All We Do.

OUR STORIES

New fitness test begins Jan. 1

by Gen. John Jumper
Air Force Chief of Staff

Our superb Total Force performance in Operations ENDURING FREEDOM and IRAQI FREEDOM secured our reputation as the greatest Air Force in the world. We should all take great pride in that. Our execution of the war plan was also consistent with our core values. Integrity, in that we upheld the highest standards of performance, learned from the things we could have done better, and will make ourselves better as a result; service before self, in that 40,000 warriors deployed forward, supported by thousands more back home, to do the right thing for the people of Iraq and to play our part in the joint air, land, and sea effort; and excellence, in that we demonstrated the ability to plan and execute air and space missions with a degree of precision never before achieved. When looking at our Air Force overall, I am very pleased. One aspect of our Total Force that does need improvement, however, is our physical fitness.

About ten years ago, we transitioned to fitness testing based on the cycle ergometry

test. This was done to preclude injuries experienced in the previous 1.5-mile run format. It was also deemed a more precise and high-tech way to measure aerobic performance. My belief is that we are a much different Air Force today.

We deploy to all regions of the world, living in tent cities and working on flight lines in extremes of temperatures. Some of our airmen today are operating from inside Iraq, subject to attack, and could be called upon to help defend the base, a trend that will surely increase in the growing expeditionary nature of our business. The amount of energy we devote to our fitness programs is not consistent with the growing demands of our warrior culture. It's time to change that.

We will soon release a new fitness program that gets back to the basics of running, sit-ups, and pushups. There will be accommodations made for those who aren't able to run for legitimate reasons. The cycle ergometry test may still be used for those not medically cleared to run. We are planning to issue physical training (PT) gear as part of the program and to put responsibility for PT in the chain of command, not with the medi-

cal community or the commander's support staff. I expect this effort to be led from the top, starting with commanders and senior NCOs, and I expect those who have trouble meeting the standards to be helped by others in their unit until they do meet the standard. Physical fitness should also be an area of concern for the Air Force civil servants. I encourage the civilian members of our Air Force organizations to join with their uniformed peers in participating in this program.

While we have weight and body fat standards that we must meet, there will be some, weightlifters in particular, who may be perfectly fit but not meet these standards. This is where I expect commanders to step in and make a decision. Everyone will have to pass the commander's eyeball test about how fit we are to wear the uniform. Every year we muster out about 400 people from our Air Force because of fitness issues. We should ask ourselves how many of those people were really trying to meet the standard and how many leaders and supervisors took an active part — getting out and running with them, etc. — in helping them meet the standard.

We will start this program on 1 January 2004 so there is plenty of time for us to get ready. You can use me as a benchmark. I am currently recovering from abdominal surgery and am not allowed to run for another two weeks. I won't be able to do any sit-ups for another month. During the first week in January I plan to lead all Air Force General Officers in the Pentagon and the Washington, DC area in the PT test. During the same week, Chief Master Sergeant of the Air Force Murray will do the same thing with our Command Chiefs in the area. We will follow that with the colonels, the remaining chief master sergeants, etc. We will ask the MAJCOM commanders to lead similar efforts as their operational situations allow.

I think all of us can agree that we were disappointed with the fitness standards we found when we came into the operational Air Force. We expected to be required to sustain the standards required in basic training, the Air Force Academy, ROTC, or Officer Training School. Let's not disappoint ourselves any longer. The message is simple: if you are out of shape, fix it. If you have people in your squadron who need help, help them. January 2004 is the date. Be ready.

Dancing the night away



Dancer's danced down the walking street in Praia Aug. 2 during the Parade of Praia Fest. This year's theme was "The Cinema." Besides boat rides, concerts, bullfights and volleyball, there is also a food fair at the fest with restaurants from the island, mainland Portugal and Germany, representing the traditional cuisine from those regions. Praia fest will go through Sunday and end with a fireworks show at midnight. (Photo by Staff Sgt. Michelle Michaud)

NCO wins an Extreme giveaway

by Staff Sgt. Olenda Kleffner
65th Air Base Wing

Staff Sgt. Brian Keller-Griffin from here won Formula 1 tickets to the German Grand Prix through the Extreme Summer giveaways.

There is still time for people to sign up and earn points for Extreme Summer giveaways through the end of August.

DoD personnel stationed overseas, military and civilian, and their family members who are at least 8 years old are eligible to participate in the Extreme Summer program.

Some prizes that will be given away includes a trip to Walt Disney World, Center Parcs which is a mid-week stay for four people in a standard or standard plus cottage and unlimited entry to subtropical swimming pool during stay.

To sign up or for more information, visit www.extremesummer.com



Staff Sgt. Brian Keller-Griffin from here won Formula 1 tickets to the German Grand Prix through the Extreme Summer giveaways. (Photo by Staff Sgt. Michelle Michaud)

Everyday Hero

Tracey Medeiros
314th Medical Group

Duty Title: Educational and Developmental Intervention Services speech pathologist

Time here: Four years, five months

Time working for the Air Force: Four years

I'm from: Sandwich, Mass.

Spouse: husband Rod Rodrigues

The best part of my job: is working with the children and families of the Air Force

My best Air Force experience: is working here at Lajes

Hobbies: Running, AWANA club and traveling

One word to describe me: Chatterbox

Life goal: To help others



(photo by Staff Sgt. Olenda Kleffner)


To nominate someone for the Everyday Hero, submit their name to news@lajes.af.mil

TV GUIDE

This after noon

1:00 PM
36- Headline News
37- Madeline: Madeline And The Fashion Show
38- Headline News
39- Austin City Limits: Brooks & Dunn
1:22 PM
38- Pacific Report
1:30 PM
36- World News This Morning
37- Weekenders: Crush Test Dummies
38- Tonight Show With Jay Len0
1:45 PM
36- World News This Morning
2:00 PM
36- The Early Show
37- Powerpuff Girls: Monkey See Doggy Do/ Mommy Fearest
39- The Entertainers
40- Baseball Tonight
2:30 PM
37- The Proud Family: Bring It On
38- The Late Show With David Letterman
3:00 PM
37- Jeopardy!
39- Rugrats: The Seven Voyages Of Cynthia/ My Friend
40- Sportscenter
3:30 PM
37- Headline News
38- Access Hollywood
39- Spongebob Squarepants: Sandy Spongebob & The Worm / Squid On Strike
4:00 PM
36- Fox News Live
37- ESPNNews
38- Never Been Kissed
39- The Simpsons: There's No Disgrace Like Home
40- Baseball Tonight
4:30 PM
37- Headline News
39- Home Improvement: Satellite On A Hot Tim's Roof
40- Sports Special NFL Yearbook: 2002 Denver Broncos
5:00 PM
36- Fox News Live
37- King Of The Hill: Get Your Freak Off
39- The Dead Zone: The Siege
40- Sports Special 2003 Quad-City Timex Bix 7 (Mile) Road Race
5:30 PM
37- Malcolm In The Middle
5:45 PM
38- The X-Files
6:00 PM
36- Fox News Live
37- Last Comic Standing
39- Crocodile Hunter: Operation: Bunya Rescue
7:00 PM
36- Studio B With Shepard Smith
37- Alias: Double Agent
39- Emergency Vets
40- ESPNNews
7:30 PM
39- Wild On The Set: Domesticated Divas
8:00 PM
36- Inside Politics
37- Headline News
38- Today
39- Iron Chef (Yr. 1): Abalone
40- Pga Tour The International: Second Round
8:30 PM
36- Headline News
37- Tonight Show With Jay Len0
9:00 PM
36- Primetime
39- Austin City Limits: Brooks & Dunn
9:30 PM
37- The Late Show With David Letterman
10:00 PM
36- Headline News
38- Clifford The Big Red Dog
39- The Entertainers
40- Sportscenter
10:30 PM
36- NBC Nightly News
37- Access Hollywood
38- Dora: The Explorer: Click!
11:00 PM
36- ABC World News Tonight
37- Never Been Kissed

38- The Wild Thornberrys: Darwin Plays The Palace
39- The View
11:30 PM
36- CBS Evening News
38- The Adventures Of Jimmy Neutron Boy Genius: Crime Sheen Investigation/Safety First
40- Tennis
Saturday morning
Midnight
36- The Newshour
38- Pokemon: Johto League Champions
39- A Baby Story: Baby Monforte-Novia
12:30 AM
38- Even Stevens: Influenza: The Musical
39- B. Smith With Style
12:45 AM
37- The X-Files
1:00 AM
36- Hannity & Colmes
38- Friday Night Fights Jermain Taylor Vs Freddy Cuevas
39- Trading Spaces
1:30 AM
40- ESPNNews
2:00 AM
36- The News With Brian Williams
39- American Juniors
40- MLB Phillies @ Giants
3:00 AM
36- Bet Nightly News
37- Headline News
39- Everwood: Snow Job
3:30 AM
36- Nightly Business Report
37- ESPNNews
38- ESPNNews
4:00 AM
36- Larry King Live
37- Headline News
38- Endurance
39- Any Day Now: This Is Not Foreplay This Is War
4:30 AM
37- Headline News
38- The Best Of: Blue Plate Specials
5:00 AM
36- Newsnight With Aaron Brown
37- Clifford The Big Red Dog
38- Wwe Raw!
39- My Best Friend's Wedding
40- ESPNNews
5:30 AM
37- Dora: The Explorer: Click!
40- Pardon The Interruption
6:00 AM
36- Lou Dobbs Tonight
37- The Wild Thornberrys: Darwin Plays The Palace
38- Junkyard Wars: Garbage Guzzler
40- Sportscenter
6:30 AM
37- The Adventures Of Jimmy Neutron Boy Genius: Crime Sheen Investigation/Safety First
7:00 AM
36- Nightline
37- Pokemon: Johto League Champions
38- Headline News
39- The View
40- NASCAR Craftsman Truck Series Federated Auto Parts 200
7:30 AM
36- Air Force Tv News
37- Even Stevens: Influenza: The Musical
38- Navy/Marine Corps News
8:00 AM
36- Hardball With Chris Matthews
37- Junkyard Wars: Garbage Guzzler
38- Entertainment Tonight Weekend Edition
39- A Baby Story: Baby Monforte-Novia
8:30 AM
39- B. Smith With Style
9:00 AM
36- Dateline NBC
37- Endurance
38- Headline News
39- Trading Spaces
9:30 AM
37- The Best Of: Blue Plate Specials
38- ESPNNews
40- Baseball Tonight
10:00 AM
36- The O'reilly Factor



The BIG TICKET

All movies start at 7 p.m. unless otherwise noted. (V, violence; S, sex or sensuality; D, drug use; L, language)
Tonight — Rugrats Go Wild. G *When* the vacationing Rugrats and their parents get stranded on a deserted island, Tommy Pickles knows there's only one man who can help them: Nigel Thornberry! Except a bonk on the head has made Nigel suddenly seem more like a 3-year-old than a man. Luckily, the babies have Eliza on their side, and with her ability to communicate with animals! *2nd movie* — Wrong Turn. R (V,D,L) A turn down an uncharted dirt road leads six young people into a night of pure terror where they are hunted by cannibalistic mountain men. They find that they've fallen victim not to local pranksters, but a gang of inbred backwoods killers with a taste for blood. 10 p.m.
Saturday — Hollywood Homicide. PG-13 (V,S,L) When an entire hip-hop group is murdered on-stage, LAPD homicide detectives Gavilan and Calden are called in to handle the case. As their investigation progresses, they begin to suspect that the rappers were killed for attempting to get out of their recording contract with label head Sartain.
Sunday — Rugrats Go Wild G 2 p.m. *2nd movie* — 2 Fast 2 Furious PG-13 7 p.m.
Tuesday — Wrong Turn R
Wednesday — Hollywood Homicides PG-13
Thursday — Rugrats Go Wild G

37- Entertainment Tonight Weekend Edition
38- My Wife And Kids: Claire's Permit
39- American Juniors
40- Sportscenter
10:30 AM
38- 8 Simple Rules For Dating My Teenage Daughter: Every Picture Tells A Story
11:00 AM
36- Cnn Saturday Morning
37- Wwe Raw!
38- Enterprise: The Breach
39- Everwood: Snow Job
40- MLB Expos @ Astros
Noon
36- Cnn Saturday Morning
37- My Wife And Kids: Claire's Permit
38- Law & Order: Sheltered
39- Any Day Now: This Is Not Foreplay This Is War
12:30 PM
37- 8 Simple Rules For Dating My Teenage Daughter: Every Picture Tells A Story
1:00 PM
36- Saturday Today
37- Enterprise: The Breach
38- Headline News
39- My Best Friend's Wedding
1:30 PM
38- Saturday Night Live
2:00 PM
37- Law & Order: Sheltered
40- Baseball Tonight
2:30 PM
40- NFL 2night
3:00 PM
36- Wall Street Journal
37- Headline News
38- It's Showtime At The Apollo
39- The View
40- Sportscenter
3:30 PM
36- America's Black Forum
37- Navy/Marine Corps News
4:00 PM
36- News From Cnn
37- ESPNNews
38- Sportscenter
39- A Baby Story: Baby Monforte-Novia
40- Wire To Wire
4:30 PM
37- This Week In Baseball
39- B. Smith With Style

40- Baseball Tonight
5:00 PM
36- Headline News
37- MLB Mariners @ Ny Yankees
38- Sports Special 2003 International Ironman Triathlon
39- Trading Spaces
40- MLB Atlanta Braves @ St. Louis Cardinals
5:30 PM
36- Air Force Tv News
6:00 PM
36- Dateline NBC
38- Wal-Mart's Great Outdoors
39- American Juniors
7:00 PM
36- Msnbc Live
38- Headline News
39- Everwood: Snow Job
7:30 PM
38- Hour Of Power Episode 68
8:00 PM
36- Fox News Live
37- MLB Phillies @ Giants
38- Celebration Of Victory: Taking Charge Of Your Emotions
39- Any Day Now: This Is Not Foreplay This Is War
40- Wnba Connecticut Sun @ Charlotte Sting
8:30 PM
38- Coral Ridge Hour: Spiritual Maturity
9:00 PM
36- Fox News Live
38- The Word In The World: The Christian Family
39- My Best Friend's Wedding
9:30 PM
38- Cafe Video Nothing But The Best
10:00 PM
36- Headline News
38- Headline News
40- Sportscenter
10:30 PM
36- Mclaughlin Group
38- Air Force Tv News
11:00 PM
36- Capital Gang
37- Saturday Night Live
38- MLB Teams Tbd
39- Kingsley's Meadow: Thankfulness & Patience
40- Tennis
11:30 PM
39- Harvest With Greg Laurie Give Me This Mountain

Sunday morning

Midnight
36- Washington Week In Review
39- Precepts For Life: Abraham: Clutching To God (Part 1)
12:30 AM
36- Headline News
37- It's Showtime At The Apollo
39- Real Videos: The Insyderz
1:00 AM
36- People In The News
39- The Simpsons: Homer The Vigilante
40- Pga Tour The International: Third Round
1:30 AM
37- The Entertainers
39- The Bernie Mac Show: Saving Bernie Mac
2:00 AM
36- Cnn Saturday Night
38- ESPNNews
39- Everybody Loves Raymond: Pet Cemetery
2:30 AM
37- American Athlete
39- The King Of Queens: Sparing Carrie
3:00 AM
36- Dateline International
37- Headline News
38- Between The Lions: Giants And Cubs
39- Er: Bygones
3:30 AM
37- Hour Of Power Episode 68
38- Puzzle Place: I Scream You Scream
4:00 AM
36- Larry King Live
37- Celebration Of Victory: Taking Charge Of Your Emotions
38- Nancy Drew
39- Magnum P.I.: Birdman Of Budapest
40- Tennis
4:30 AM
37- Coral Ridge Hour: Spiritual Maturity
5:00 AM
36- At Large With Geraldo Rivera
37- The Word In The World: The Christian Family
39- Family Ties: My Buddy
5:30 AM
37- Cafe Video Nothing But The Best
38- Rugrats: Famous Babies
39- The Cosby Show: Mrs. Huxtable Goes To Kindergarten
6:00 AM
36- Beltway Boys
37- Between The Lions: Giants And Cubs
38- Motorweek
39- Chips: Baby Food
40- Sportscenter
6:30 AM
36- Fox News Watch
37- Puzzle Place: I Scream You Scream
38- Ebert & Roeper At The Movies
7:00 AM
36- Headline News
37- Nancy Drew
38- Wwe Smackdown!
39- Kingsley's Meadow: Thankfulness & Patience
40- MLB Teams Tbd
7:30 AM
36- America's Black Forum
39- Harvest With Greg Laurie Give Me This Mountain
8:00 AM
36- Headline News
38- Andromeda: The Knight Death And The Devil
39- Precepts For Life: Abraham: Clutching To God (Part 1)
8:30 AM
36- Navy/Marine Corps News
37- Rugrats: Famous Babies
39- Real Videos: The Insyderz
9:00 AM
36- Big Story Weekend Edition
37- Motorweek
38- Headline News
39- The Simpsons: Homer The Vigilante
9:30 AM
37- Ebert & Roeper At The Movies
38- ESPNNews
39- The Bernie Mac Show: Saving Bernie Mac
10:00 AM

36- Cnn Presents
 37- Headline News
 38- 7th Heaven: Life And Death (Pt. 1)
 39- Everybody Loves Raymond: Pet Cemetery
 40- Baseball Tonight
 10:30 AM
 37- Air Force Tv News
 The King Of Queens: Sparing Carrie
 11:00 AM
 36- Fox & Friends
 37- Sports Tbd
 38- A Knight's Tale
 39- Er: Bygones
 40- Sportscenter
 12:00 PM
 36- Fox & Friends
 39- Magnum P.I.: Birdman Of Budapest
 40- Sports Special Pga Championship Preview
 1:00 PM
 36- CBS News Sunday Morning
 39- Family Ties: My Buddy
 40- Sports Special Real Sports With Bryant Gumbel
 1:15 PM
 38- Headline News
 1:30 PM
 38- Seinfeld: The Cartoon
 39- The Cosby Show: Mrs. Huxtable Goes To Kindergarten
 2:00 PM
 37- Wwe Smackdown!
 38- That 70's Show: Burning Down The House
 39- Chips: Baby Food
 40- Baseball Tonight
 2:30 PM
 36- Face The Nation
 38- Entertainment Tonight Weekend Edition
 3:00 PM
 36- Headline News
 37- Andromeda: The Knight Death And The Devil
 39- Kingsley's Meadow: Thankfulness & Patience
 40- Sportscenter
 3:30 PM
 36- Navy/Marine Corps News
 38- America's Black Forum
 39- Harvest With Greg Laurie Give Me This Mountain
 4:00 PM
 36- Late Edition W/ Wolf Blitzer
 37- Sports Tbd
 38- Sports Tbd
 39- Precepts For Life: Abraham: Clutching To God (Part 1)
 4:30 PM
 39- Real Videos: The Insyderz
 5:00 PM
 39- The Simpsons: Homer The Vigilante
 40- X Games Expn 2day X Games Ix Preview
 5:30 PM
 39- The Bernie Mac Show: Saving Bernie Mac
 6:00 PM
 36- Fox News Live
 39- Everybody Loves Raymond: Pet Cemetery
 40- The Sports Reporters Primetime
 6:30 PM
 39- The King Of Queens: Sparing Carrie
 40- ESPNNews
 7:00 PM
 36- Fox News Live
 37- Sports Tbd
 38- Sports Tbd
 39- Er: Bygones
 40- Pga Tour The International: Final Round
 8:00 PM
 36- Cnn Sunday
 39- Magnum P.I.: Birdman Of Budapest
 9:00 PM
 36- Meet The Press
 39- Family Ties: My Buddy
 9:30 PM
 39- The Cosby Show: Mrs. Huxtable Goes To Kindergarten
 10:00 PM
 36- Tim Russert
 37- ESPNNews
 38- ESPNNews
 39- Chips: Baby Food
 40- Sportscenter
 11:00 PM

36- Fox Report
 37- Headline News
 38- Sesame Street
 39- Rugrats: Feeding Hubert/ Spike The Wonder Dog
 40- Baseball Tonight
 11:30 PM
 37- Seinfeld: The Cartoon
 39- Spongebob Squarepants: The Algae's Always Greener/ Sponge Gaurd On Duty
 Monday morning
 Midnight
 36- This Week
 37- That 70's Show: Burning Down The House
 38- Harold And The Purple Crayon Children
 39- The Simpsons: Bart The General
 40- MLB Atlanta Braves @ St. Louis Cardinals
 12:30 AM
 37- Entertainment Tonight Weekend Edition
 38- Wheel Of Fortune
 39- Home Improvement: Wild Kingdom
 1:00 AM
 36- Dateline International
 38- Dr. Phil Show
 39- Dawson's Creek: Rock Bottom
 1:30 AM
 37- Wwe Smackdown!
 2:00 AM
 36- 60 Minutes
 38- The Oprah Winfrey Show: Makeover Highlights
 39- Scientific American Frontiers
 2:30 AM
 37- America's Black Forum
 3:00 AM
 36- Cnn Sunday Evening
 37- Meet The Press
 38- Headline News
 39- The FBI Files: Deadly Dentist (Pt. 1)
 40- Sportscenter
 3:30 AM
 38- Judge Judy
 4:00 AM
 36- Larry King Live
 37- Headline News
 38- Port Charles
 39- Law & Order: Fools For Love
 4:25 AM
 38- Guiding Light
 4:30 AM
 37- ESPNNews
 40- Baseball Tonight
 5:00 AM
 36- At Large With Geraldo Rivera
 37- Sesame Street
 39- Outbreak
 5:13 AM
 38- General Hospital
 5:30 AM
 40- Sportscenter
 6:00 AM
 36- Access Hollywood
 37- Harold And The Purple Crayon Children
 38- Zoboomafo: Bears
 6:30 AM
 37- Wheel Of Fortune
 38- Lloyd In Space: Campout On Zolton Iii
 7:00 AM
 36- Beltway Boys
 37- The Oprah Winfrey Show: Makeover Highlights
 38- Dear America: The Winter Of Red Snow
 39- Rugrats: Feeding Hubert/ Spike The Wonder Dog
 40- Tennis
 7:30 AM
 36- Fox News Watch
 38- Taina
 39- Spongebob Squarepants: The Algae's Always Greener/ Sponge Gaurd On Duty
 8:00 AM
 36- Bulls & Bears
 37- Port Charles
 38- Jeopardy!
 39- The Simpsons: Bart The General
 8:25 AM
 37- Guiding Light
 8:30 AM
 36- Cavuto On Business
 38- Headline News
 39- Home Improvement: Wild

Kingdom
 8:52 AM
 38- Pacific Report
 9:00 AM
 36- Dateline NBC
 38- ESPNNews
 39- Dawson's Creek: Rock Bottom
 40- Sportscenter
 9:13 AM
 37- General Hospital
 9:30 AM
 38- Headline News
 9:52 AM
 38- Pacific Report
 10:00 AM
 36- Access Hollywood
 37- Headline News
 38- 60 Minutes
 39- Scientific American Frontiers
 10:30 AM
 37- Judge Judy
 40- Baseball Tonight
 11:00 AM
 36- Good Morning America
 37- Today
 38- West Wing The: Red Haven's On Fire
 39- The FBI Files: Deadly Dentist (Pt. 1)
 11:30 AM
 40- Iri Auto Racing Gateway Indy 250
 Noon
 38- C.S.I.: Miami: Slaughterhouse
 39- Law & Order: Fools For Love
 1:00 PM
 36- Headline News
 37- Zoboomafo: Bears
 38- Headline News
 39- Outbreak
 1:22 PM
 38- Pacific Report
 1:30 PM
 36- Channel One
 37- Lloyd In Space: Campout On Zolton Iii
 38- Tonight Show With Jay Leno
 40- ESPNNews
 1:45 PM
 36- World News This Morning
 2:00 PM
 36- The Early Show
 37- Dear America: The Winter Of Red Snow
 40- Best Damn Sports Show Period
 2:30 PM
 37- Taina
 38- The Late Show With David Letterman
 3:00 PM
 37- Jeopardy!
 39- Rugrats: Feeding Hubert/ Spike The Wonder Dog
 40- Sportscenter
 3:30 PM
 37- Headline News
 38- Access Hollywood
 39- Spongebob Squarepants: The Algae's Always Greener/ Sponge Gaurd On Duty
 4:00 PM
 36- Fox News Live
 37- ESPNNews
 38- Working Girl
 39- The Simpsons: Bart The General
 40- Baseball Tonight
 4:30 PM
 37- Headline News
 39- Home Improvement: Wild Kingdom
 5:00 PM
 36- Fox News Live
 37- 60 Minutes
 39- Dawson's Creek: Rock Bottom
 40- Tennis
 6:00 PM
 36- Fox News Live
 37- West Wing The: Red Haven's On Fire
 38- A Dry White Season
 39- Scientific American Frontiers
 7:00 PM
 36- Studio B With Shepard Smith
 37- C.S.I.: Miami: Slaughterhouse
 39- The FBI Files: Deadly Dentist (Pt. 2)
 8:00 PM
 36- Inside Politics
 37- Headline News
 38- Headline News
 39- Law & Order: Fools For Love
 8:30 PM
 36- Headline News

37- Tonight Show With Jay Leno
 38- ESPNNews
 9:00 PM
 36- Dateline NBC
 38- Today
 39- Outbreak
 40- Around The Horn
 9:30 PM
 37- The Late Show With David Letterman
 40- Pardon The Interruption
 10:00 PM
 36- Headline News
 40- Sportscenter
 10:30 PM
 36- NBC Nightly News
 37- Access Hollywood
 10:59 PM
 37- Monday Night Countdown
 11:00 PM
 36- ABC World News Tonight
 37- Working Girl
 38- Sesame Street
 39- Rugrats: The Slide/ The Big Flush
 40- MLB Teams Tbd
 11:30 PM
 36- CBS Evening News
 39- Spongebob Squarepants: Club Sponge Bob/ My Pretty Seahorse
 Tuesday morning
 12:00 AM
 36- The Newshour
 37- Monday Night Football Preseason Week 1: Eagles @ Saints
 38- Dragon Tales: Sand Castle Hassle
 39- The Simpsons: Moaning Lisa
 12:30 AM
 38- Wheel Of Fortune
 39- Home Improvement: Adventures In Fine Dining
 1:00 AM
 36- Hannity & Colmes
 37- A Dry White Season
 38- Dr. Phil Show
 39- Ed: The Case
 2:00 AM
 36- The News With Brian Williams
 38- The Oprah Winfrey Show: Oprah Plays Interior Decorator
 39- Biography: Wayne Newton: The King Of Las Vegas
 40- MLB Teams Tbd
 3:00 AM
 36- Bet Nightly News
 37- Headline News
 38- NBC Nightly News
 39- Inside The Actor's Studio: Nicolas Cage
 3:30 AM
 36- Nightly Business Report
 37- ESPNNews
 38- Judge Judy
 4:00 AM
 36- Larry King Live
 37- Headline News
 38- Port Charles
 39- Moonstruck
 4:25 AM
 38- Guiding Light
 4:30 AM
 37- Headline News
 5:00 AM
 36- Newsnight With Aaron Brown
 37- Sesame Street
 40- ESPNNews
 5:13 AM
 38- General Hospital
 6:00 AM
 36- Lou Dobbs Tonight
 37- Dragon Tales: Sand Castle Hassle
 38- Happily Ever After: Snow White
 39- Cinema Secrets: Cataclysmic Events
 40- Sportscenter
 6:30 AM
 37- Wheel Of Fortune
 38- Mary Kate & Ashley In Action!: Rave Reviews
 39- Ebert & Roeper At The Movies
 7:00 AM
 36- Nightline
 37- The Oprah Winfrey Show: Oprah Plays Interior Decorator
 38- Boy Meets World: She's Having My Baby Back Ribs
 39- Rugrats: The Slide/ The Big Flush
 40- NASCAR Winston Cup Series

Sirius At The Glen
 7:30 AM
 36- Air Force Tv News
 38- The Amanda Show
 39- Spongebob Squarepants: Club Sponge Bob/ My Pretty Seahorse
 8:00 AM
 36- Hardball With Chris Matthews
 37- Port Charles
 38- Jeopardy!
 39- The Simpsons: Moaning Lisa
 8:25 AM
 37- Guiding Light
 8:30 AM
 38- Headline News
 39- Home Improvement: Adventures In Fine Dining
 8:52 AM
 38- Pacific Report
 9:00 AM
 36- 20/20
 38- ESPNNews
 39- Ed: The Case
 9:13 AM
 37- General Hospital
 9:30 AM
 38- Headline News
 9:52 AM
 38- Pacific Report
 10:00 AM
 36- The O'reilly Factor
 37- Headline News
 38- Monday Night Football Eagles @ Saints
 39- Biography: Wayne Newton: The King Of Las Vegas
 40- Sportscenter
 10:30 AM
 37- Judge Judy
 11:00 AM
 36- Good Morning America
 37- Today
 39- Inside The Actor's Studio: Nicolas Cage
 40- MLB Teams Tbd
 Noon
 39- Moonstruck
 1:00 PM
 36- Headline News
 37- Happily Ever After: Snow White
 38- ESPNNews
 1:30 PM
 36- Channel One
 37- Mary Kate & Ashley In Action!: Rave Reviews
 38- Headline News
 1:45 PM
 36- World News This Morning
 1:52 PM
 38- Pacific Report
 2:00 PM
 36- The Early Show
 37- Boy Meets World: She's Having My Baby Back Ribs
 38- Tonight Show With Jay Leno
 39- Cinema Secrets: Cataclysmic Events
 40- Baseball Tonight
 2:30 PM
 37- The Amanda Show
 39- Ebert & Roeper At The Movies
 40- Sports Special NFL Yearbook:2002 Atlanta Falcons
 3:00 PM
 37- Jeopardy!
 38- The Late Show With David Letterman
 39- Rugrats: The Slide/ The Big Flush
 40- Sportscenter
 3:30 PM
 37- Headline News
 39- Spongebob Squarepants: Club Sponge Bob/ My Pretty Seahorse
 4:00 PM
 36- Fox News Live
 37- ESPNNews
 38- First Daughter
 39- The Simpsons: Moaning Lisa
 40- Baseball Tonight
 4:30 PM
 37- Headline News
 39- Home Improvement: Adventures In Fine Dining
 40- Sports Special NFL Yearbook:2002 New Orleans Saints
 5:00 PM
 36- Fox News Live
 37- 7th Heaven: Life And Death (Pt. 1)

39- Ed: The Case
 40- Monday Night Football Eagles @ Saints
 6:00 PM
 36- Fox News Live
 37- A Knight's Tale
 38- It Happened One Night
 39- Biography: Wayne Newton: The King Of Las Vegas
 7:00 PM
 36- Studio B With Shepard Smith
 39- Inside The Actor's Studio: Nicolas Cage
 8:00 PM
 36- Inside Politics
 38- Headline News
 39- Moonstruck
 40- ESPNNews
 8:15 PM
 37- Headline News
 8:30 PM
 36- Air Force Tv News
 38- ESPNNews
 8:45 PM
 37- Tonight Show With Jay Leno
 9:00 PM
 36- 20/20
 38- Today
 40- Around The Horn
 9:30 PM
 40- Pardon The Interruption
 9:45 PM
 37- The Late Show With David Letterman
 10:00 PM
 36- Headline News
 39- Cinema Secrets: Cataclysmic Events
 40- Sportscenter
 10:30 PM
 36- NBC Nightly News
 39- Ebert & Roeper At The Movies
 10:45 PM
 37- Access Hollywood
 11:00 PM
 36- ABC World News Tonight
 38- Sesame Street
 39- Rugrats: King Ten Pin/ Runaway Angelica
 40- MLB Teams Tbd
 11:15 PM
 37- First Daughter
 11:30 PM
 36- CBS Evening News
 39- Spongebob Squarepants: Just One Bite/ The Bully

Wednesday morning midnight

36- The Newshour
 38- Oswald: A Nice Quiet Picnic/ The Big Parade
 39- The Simpsons: The Call Of The Simpsons
 12:30 AM
 38- Wheel Of Fortune
 39- Home Improvement: Nothing More Than Feelings
 1:00 AM
 36- Hannity & Colmes
 37- It Happened One Night
 38- Dr. Phil Show
 39- Star Trek: Next Generation: Masterpiece Society
 2:00 AM
 36- The News With Brian Williams
 38- The Oprah Winfrey Show: Oprah's Practical Jokes
 39- Navy Seals Training: The Homestretch (Pt. 6)
 40- MLB Teams Tbd
 3:00 AM
 36- Bet Nightly News
 37- Headline News
 38- NBC Nightly News
 39- The Color Of War: Aftermath
 3:30 AM
 36- Nightly Business Report
 37- ESPNNews
 38- Judge Judy
 4:00 AM
 36- Larry King Live
 37- Headline News
 38- Port Charles
 39- The Practice: Awakenings
 4:25 AM
 38- Guiding Light
 4:30 AM
 37- Headline News
 5:00 AM
 36- Newsnight With Aaron Brown
 37- Sesame Street
 39- Conan The Barbarian
 40- ESPNNews
 5:13 AM
 38- General Hospital

6:00 AM
 36- Lou Dobbs Tonight
 37- Oswald: A Nice Quiet Picnic/ The Big Parade
 38- Arthur: Arthur's Family Feud/ Muffy Gets Mature
 40- Sportscenter
 6:30 AM
 37- Wheel Of Fortune
 38- Brand Spanking New Doug (Tv-7): Dougapalooza
 7:00 AM
 36- Nightline
 37- The Oprah Winfrey Show: Oprah's Practical Jokes
 38- Scouts Safari
 39- Rugrats: King Ten Pin/ Runaway Angelica
 40- Rome Is Burning
 7:30 AM
 36- Your Corps
 38- Standard Deviants: You Gotta Have Heart
 39- Spongebob Squarepants: Just One Bite/ The Bully
 8:00 AM
 36- Hardball With Chris Matthews
 37- Port Charles
 38- Jeopardy!
 39- The Simpsons: The Call Of The Simpsons
 40- Baseball Tonight
 8:25 AM
 37- Guiding Light
 8:30 AM
 38- Headline News
 39- Home Improvement: Nothing More Than Feelings
 40- Tennis
 8:52 AM
 38- Pacific Report
 9:00 AM
 36- Cnn Daybreak
 38- ESPNNews
 39- Star Trek: Next Generation: Masterpiece Society
 9:13 AM
 37- General Hospital
 9:30 AM
 38- Headline News
 9:52 AM
 38- Pacific Report
 10:00 AM
 36- The O'reilly Factor
 37- Headline News
 38- George Lopez: Profiles In Courage
 39- Navy Seals Training: The Homestretch (Pt. 6)
 10:30 AM
 37- Judge Judy
 38- The Bernie Mac Show: The Other Sister
 40- Sportscenter
 11:00 AM
 36- Good Morning America
 37- Today
 38- Fear Factor: Drowning Closest/ Ostrich Egg/ Merry Go Round
 39- The Color Of War: Aftermath
 11:30 AM
 40- MLB Teams Tbd
 12:00 PM
 38- Boston Public: Chapter Fifty-Two
 39- The Practice: Awakenings
 1:00 PM
 36- Headline News
 37- Arthur: Arthur's Family Feud/ Muffy Gets Mature
 38- Headline News
 39- Conan The Barbarian
 1:22 PM
 38- Pacific Report
 1:30 PM
 36- Channel One
 37- Brand Spanking New Doug (Tv-7): Dougapalooza
 38- Tonight Show With Jay Leno
 1:45 PM
 36- World News This Morning
 2:00 PM
 36- The Early Show
 37- Scouts Safari
 2:30 PM
 37- Standard Deviants: You Gotta Have Heart
 38- The Late Show With David Letterman
 40- Baseball Tonight
 3:00 PM
 37- Jeopardy!
 39- Rugrats: King Ten Pin/ Runaway Angelica

40- Sportscenter
 3:30 PM
 37- Headline News
 38- Access Hollywood
 39- Spongebob Squarepants
 4:00 PM
 36- Fox News Live
 37- ESPNNews
 38- Frequency
 39- The Simpsons: The Call Of The Simpsons
 40- Baseball Tonight
 4:30 PM
 37- Headline News
 39- Home Improvement: Nothing More Than Feelings
 40- NFL 2night
 5:00 PM
 36- Fox News Live
 37- George Lopez: Profiles In Courage
 39- Star Trek: Next Generation: Masterpiece Society
 40- Beyond The Glory
 5:30 PM
 37- The Bernie Mac Show: The Other Sister
 6:00 PM
 36- Fox News Live
 37- Fear Factor: Drowning Closest/ Ostrich Egg/ Merry Go Round
 39- Navy Seals Training: The Homestretch (Pt. 6)
 40- MLB Houston Astros @ Chicago Cubs
 6:15 PM
 38- Say Anything
 7:00 PM
 36- Studio B With Shepard Smith
 37- Boston Public: Chapter Fifty-Two
 39- The Color Of War: Aftermath
 8:00 PM
 36- Inside Politics
 37- Headline News
 38- Headline News
 39- The Practice: Awakenings
 8:30 PM
 36- Your Corps
 37- Tonight Show With Jay Leno
 38- ESPNNews
 9:00 PM
 36- Wolf Blitz Reports
 38- Today
 39- Conan The Barbarian
 40- Around The Horn
 9:30 PM
 37- The Late Show With David Letterman
 40- Pardon The Interruption
 10:00 PM
 36- Headline News
 40- Sportscenter
 10:30 PM
 36- NBC Nightly News
 37- Access Hollywood
 11:00 PM
 36- ABC World News Tonight
 37- Frequency
 38- Sesame Street
 39- Rugrats: Game Show Didi/ Toys In The Attic
 40- MLB Teams Tbd
 11:30 PM
 36- CBS Evening News
 39- Spongebob Squarepants: Nasty Patty/ The Idiot Box

Thursday morning Midnight

36- The Newshour
 38- Blue's Clues: Words
 39- The Simpsons: The Tell-Tale Head
 12:30 AM
 38- Wheel Of Fortune
 39- Home Improvement: Flying Sauces
 1:00 AM
 36- Hannity & Colmes
 38- Dr. Phil Show
 39- Touched By An Angel: Jump!
 1:15 AM
 37- Say Anything
 2:00 AM
 36- The News With Brian Williams
 38- The Oprah Winfrey Show: Michael & Kirk Douglas
 39- Haunted History
 40- MLB Teams Tbd
 3:00 AM
 36- Bet Nightly News
 37- Headline News
 38- NBC Nightly News
 39- Ancient Mysteries: Headhunters Of The Amazon

3:30 AM
 36- Nightly Business Report
 37- ESPNNews
 38- Judge Judy
 4:00 AM
 36- Larry King Live
 37- Headline News
 38- Port Charles
 39- The West Wing: The Drop-In
 4:25 AM
 38- Guiding Light
 4:30 AM
 37- Headline News
 5:00 AM
 36- Newsnight With Aaron Brown
 37- Sesame Street
 39- Masterpiece Theater: Great Expectations (Pt. 1)
 40- ESPNNews
 5:13 AM
 38- General Hospital
 6:00 AM
 36- Lou Dobbs Tonight
 37- Blue's Clues: Words
 38- Disney's Mickey Mouseworks
 40- Sportscenter
 6:30 AM
 37- Wheel Of Fortune
 38- Disney's Recess: School World/ Bachelor Gus
 39- Every Woman: Episode 8
 7:00 AM
 36- Nightline
 37- The Oprah Winfrey Show: Michael & Kirk Douglas
 38- Pokemon: The Johto Journey's: Tricks Of The Trade
 39- Rugrats: Game Show Didi/ Toys In The Attic
 40- MLB Teams Tbd
 7:30 AM
 36- Navy/Marine Corps News
 38- The Mummy: The Animated Series
 39- Spongebob Squarepants: Nasty Patty/ The Idiot Box
 8:00 AM
 36- Hardball With Chris Matthews
 37- Port Charles
 38- Jeopardy!
 39- The Simpsons: The Tell-Tale Head
 8:25 AM
 37- Guiding Light
 8:30 AM
 38- Headline News
 39- Home Improvement: Flying Sauces
 8:52 AM
 38- Pacific Report
 9:00 AM
 36- 60 Minutes Ii
 38- ESPNNews
 39- Touched By An Angel: Jump!
 9:13 AM
 37- General Hospital
 9:30 AM
 38- Headline News
 9:52 AM
 38- Pacific Report
 10:00 AM
 36- The O'reilly Factor
 37- Headline News
 38- Everybody Loves Raymond
 39- Haunted History: Haunted Hawaii
 40- Sportscenter
 10:25 AM
 38- Will & Grace: The Kid Stays Out Of The Picture
 10:30 AM
 37- Judge Judy
 10:50 AM
 38- Reel Time Command Information Block
 11:00 AM
 36- Good Morning America
 37- Today
 38- Meet My Folks
 39- Ancient Mysteries: Headhunters Of The Amazon
 40- Tennis
 Noon
 38- C.S.I.: Crime Scene Investigation: Let The Seller Beware
 39- The West Wing: The Drop-In
 1:00 PM
 36- Headline News
 37- Disney's Mickey Mouseworks
 38- Headline News
 39- Masterpiece Theater: Great Expectations (Pt. 1)
 40- Sportscenter
 1:22 PM

38- Pacific Report
 1:30 PM
 36- Channel One
 37- Disney's Recess: School World/ Bachelor Gus
 38- Tonight Show With Jay Leno
 1:45 PM
 36- World News This Morning
 2:00 PM
 36- The Early Show
 37- Pokemon: The Johto Journey's: Tricks Of The Trade
 40- Baseball Tonight
 2:30 PM
 37- The Mummy: The Animated Series
 38- The Late Show With David Letterman
 39- Every Woman: Episode 8
 40- NFL 2night
 3:00 PM
 37- Jeopardy!
 39- Rugrats: Game Show Didi/ Toys In The Attic
 40- Sportscenter
 3:30 PM
 37- Headline News
 38- Access Hollywood
 39- Spongebob Squarepants: Nasty Patty/ The Idiot Box
 4:00 PM
 36- Fox News Live
 37- ESPNNews
 38- The Abyss
 39- The Simpsons: The Tell-Tale Head
 40- Baseball Tonight
 4:30 PM
 37- Headline News
 39- Home Improvement: Flying Sauces
 40- ESPNNews
 5:00 PM
 36- Fox News Live
 37- Everybody Loves Raymond Sleepover At Peggy's
 39- Touched By An Angel: Jump!
 40- Pga Tour The 85th Pga Championship: First Round
 5:25 PM
 37- Will & Grace: The Kid Stays Out Of The Picture
 5:50 PM
 37- Reel Time Command Information Block
 6:00 PM
 36- Fox News Live
 37- Meet My Folks
 39- Haunted History: Haunted Hawaii
 6:15 PM
 38- National Lampoon's Animal House
 7:00 PM
 36- Studio B With Shepard Smith
 37- C.S.I.: Crime Scene Investigation
 39- Ancient Mysteries: Headhunters Of The Amazon
 8:00 PM
 36- Inside Politics
 37- Headline News
 38- Headline News
 39- The West Wing: The Drop-In
 8:30 PM
 36- Navy/Marine Corps News
 37- Tonight Show With Jay Leno
 38- ESPNNews
 9:00 PM
 36- 60 Minutes Ii
 38- Today
 39- Masterpiece Theater: Great Expectations (Pt. 1)
 9:30 PM
 37- The Late Show With David Letterman
 10:00 PM
 36- Headline News
 10:30 PM
 36- NBC Nightly News
 37- Access Hollywood
 39- Every Woman: Episode 8
 10:59 PM
 37- ESPNNews
 11:00 PM
 36- ABC World News Tonight
 37- The Abyss
 38- Sesame Street
 39- Rugrats: Driving Miss Angelica/ Susie Vs. Angelica
 40- ESPNNews
 11:30 PM
 36- CBS Evening News
 39- Spongebob Squarepants: Mermaid Man And Barnacle Boy 4/Doing Time

PLANNER & DATEBOOK

Bullfights

Today: 2 p.m. Running of the bulls for children at the road next to Modelo Superstore in Praia

Saturday: 6 p.m. Road next to Modelo Superstore in Praia; 6:30 p.m. Pico Redondo, São Bento

Sunday: 6 p.m. Praia Beach

Monday: 4 p.m. Port of São Mateus

Tuesday: 6:30 p.m. Port of São Mateus

Wednesday: 6:30 p.m. Lameirinho, Angra

Aug. 15: 6:30 p.m. Lameirinho

Aug. 15: 6 p.m. Serra Santiago (behind CE compound)

Closures/Shifts

On Aug. 22 the Lajes Post Office will only be open 9:30 - 11 a.m. due to a squadron function. Customers may still check their boxes as usual. Normal business hours will resume on Aug. 23.

School news

Parent orientation: There is a new-parent orientation at 2:30 p.m. Aug. 29 at the High School. Parents and new students are all encouraged to attend. New families may check the school website for information at:

<http://www.lajes-hs.eu.odedodea.edu/> The school phone number is: 295-57-4151 and the address is: Lajes High School, Unit 7725, APO AE 09720.

Reduced lunches: Families wanting to apply for the USDA School Meal Program for reduced price or free lunches, can get a registration form from the public folders and at the School Liaison Officer's office in T-112.

Register now for University of Maryland's Fall term. Registration continues through Aug. 15 and classes begin Aug. 18. Stop by the Education Center in Building T-400 located across from the pool or call 2-4187 for more information.

School bus services: Off base families with school aged children should register for school bus service as soon as possible to insure their children are on the routes at the beginning of school. School begins Sept 2. Registration forms are available on the public folders and at the School Liaison Officer's office in T-112.

Bachelor of Science in Professional Aeronautics: The Bachelor

of Science in Professional Aeronautics degree program is designed specifically for students who work, have worked or desire to work in aviation related careers. For students with existing aviation related knowledge and skills, the program recognizes those skills through award of advanced standing prior-learning credit. The curriculum then builds upon those skills. The program also provides a path for those students new to aviation to acquire these skills through aviation related courses. Aviation experience is no longer a requirement for admission. For more, call Tina Lake at 2-3375.

Graduate course: Enroll in Research in Human Relations, a required course for the University of Oklahoma's Master of Human Relations degree by Monday. Call 2-3171 for more.

Classes

Parenting seminar: A seminar to help teach parenting techniques for parents with children ages 2-12 is being offered at the Life Skills Support Center 6-7:30 p.m. Aug. 27. To sign up or for more, call 2-5177.

AWANA: AWANA starts Sept. 2. Children ages 3 years to 6th grade meets 6-8:10 p.m. every Tuesday. Grades 7-12 meet 4:15-6 p.m. every Sunday. All classes meet at the chapel. Awana is a Bible-based Christian Club for boys and girls.

Pet first aid: A pet first aid class is available 9-11 a.m. Aug. 16 at the Family Support Center for \$15 per family. The cost includes the course and book. To sign up, or for more, call 2-3516 or 295-57-3516.

First Aid: A First Aid/CPR/AED class is available 8 a.m. - 4 p.m. Aug. 23 at the 65th Mission Support Squadron Conference Room for \$25. Cost includes course and book. To sign up, or for more, call 2-3516 or 295-57-3516.

Enlisted spouse club: The next enlisted spouses club membership meeting is at 6:30 p.m. Aug. 19 in the TORC Lisbon Room. They will be doing sign-ups for Secret Pals and a Make It, Bake It, Grow It, Buy It Auction.

Family Support Center classes: Car buying class is 6 - 8 p.m., Aug. 19 in the FSC classroom in building T-126. Beginning PowerPoint is 10 a.m., Aug. 20 in the T-126 computer room. Come learn how easy PowerPoint is. Intermediate PowerPoint class

is 10 a.m. Aug. 21 in the T-126 computer room. Learn to put photos, clip art, sound, and animation in slide shows, and to make a photo album slide show. Microsoft Word class is 10 a.m., Aug. 27 in the T-126 computer room. Learn the basics as well as some Word features to improve writing skills, and helpful tips and shortcuts. All computer classes are hands-on. For more information or to sign up for any of these classes call 2-4138.

Employment

The following jobs will become available Oct. 1. DoDDS General School and Grounds Maintenance, Infectious Medical Waste, Office Automation, AMS Fitness Equipment Maintenance, Island Tours, Family Service Specialist, Information and Referral Service, Family and Work Life Specialist, Catholic Musician, Gospel Choir Director, Catholic Auxiliary Priest, Evangelical Musician, Education Advisor and Test Administrator, Portuguese Language Instructor, Evangelical Choir Director, Aerobics Instructor, Field Maintenance, Gym Equipment Maintenance and Crossroads Paper. All bids for the jobs will close Sept. 2. For more, call Tech. Sgt. Gina Walker at 2-3123.

Substitute teachers needed: Anyone interested in being a substitute teacher should call Evelyn Price at the High School office at 2-4151. Lajes Schools offers a dream substitute situation: small classes, good kids and DoDDS pays subs very well.

Aides needed: Applications are now being taken for two part-time educational aide positions at the high school. For an application or more information, call Evelyn Price at 2-4151.

Lecturers needed: The University of Maryland and Embry-Riddle Aeronautical University are seeking part-time lecturers at Lajes Field. Applicants must have a graduate degree and possess qualifications in specific fields of study. For more, call Donna Fillman at 2-4187, Tina Lake at 2-3375 or stop by building T-400.

Wyoming Air National Guard has part-time openings: Looking to leave active duty? Join the 243rd Air Traffic Squadron and the Wyoming Air National Guard. Part-time job opportunities are available for Radar, Radio, Met Nav Maintainers, Power Pro, HVAC, Supply, Air Traffic Controllers and Administration. For more, call Master Sgt. Jeri Keck

at DSN 943-6071 or 1-800-832-1959 ext 6071, or call a recruiter at DSN 943-6188 or 1-800-742-9993.

Potpourri

Piano player needed: A piano accompanist is needed for the Lajes performance of "Cinderella" directed by the Missoula Children's Theatre Aug. 25-30 at the community center. The accompanist should be an experienced and mature piano player. For more, call 2-1197

Library test: The Lajes Field library is asking Lajes library users to test "America's Newspapers Trial," a new database, for possible use here. To access the database, connect to <http://infoweb.newsbank.com/?user=user>. For the username and password use: usaf/usaf. The trial runs through Sep. 30. E-mail feedback concerning the database to carol.wood@lajes.af.mil.

AFSA Chapter 270 at Lajes Field is offering discount memberships. If interested in joining the Air Force Sergeants Association, please contact MSgt Kevin Swogger at 2-3793.

Stray or free-roaming animals captured on base or in base housing areas will be confined at the stray animal facility for a minimum of three working days to provide owners time to reclaim them. If contact cannot be made with the owner within this time, the animal can be adopted or euthanized. To contact the stray facility, call the 65th Security Forces Squadron at 2-3222 or the Atlantic Island Kennels at 2-3855.

Chapel Charities Closet: The Charities Closet is in Bldg. T-426 and is in need of volunteers to help sort, wash and box clothing and toy donations to the local orphanages. Donations are accepted 11 a.m.- 2 p.m. every Saturday. To volunteer, call Master Sgt. Graves at 2-4133.

ATTENTION ALL PERSONNEL

Colonel Barbara Jacobi, 65th Air Base Wing and U.S. Forces Azores Commander, regretfully announces the death of First Sergeant James R. Goodwin, 65th Civil Engineering Squadron and 65 Security Forces Squadron. Anyone having claims for or against the estate of MSgt Goodwin should call Summary Court Officer

Capt Kevin Golart, 65th CES, at DSN 535-6823.

Families celebrate National Kid's Day

by Staff Sgt. Olenda Kleffner
Crossroads staff

Military members and their families came out Saturday to the youth center to celebrate National Kid's Day.

National KidsDay is the first Sunday every August.

It's a day to celebrate and honor children through the gift of meaningful time. Meaningful Time is time spent between adults and children that both consider engaging, important, and enjoyable.

There were different activities set up, including

tug-of-war, jump rope, parachute play, board games, a water balloon fight, a three-legged race and basketball for the children to play.

The youth center staff also served hot dogs, hamburgers, chips and cake.



photos by Staff Sgt. Olenda Kleffner



Classified Ads

Classified ads are due to the Crossroads staff by noon, Mondays. Send ads to news@lajes.af.mil.

Ads will be run one time. Sellers must resubmit their ad each week. For more information, call 2-2369.

AUTOS

1986 Honda Civic, runs great, excellent condition, very reliable, inspection good through December, \$1,500. Call Paul at 295-549-680 or 964-183-776

1986 Honda CRX Si available Sept. 2 \$3,000 OBO, new paint job, new exhaust, runs excellent. Call George at 295-549-555 or 2-5064

1985 Renault 5, little island bomb that runs great for \$600. Avail late Aug. Call 295-549-295 or 2-3264.

1989 Renault sedan, new clutch and headlights, recent tune-up, runs good. \$1,200 OBO. Call 2-6878 or after 6 p.m. call 295-549-651

1988 Plymouth Reliant w/only 37k. Runs smooth, new rear brakes, interior in good cond. Insp. good till Dec. 03. \$1500. Available in Sept. Call 2-3514 8a-4p, 295-549-529 5-8p

Items

Sony mini-disc player, deck for shelf system, endless recording possibilities on the same disc includes deck, remote, manual and 4-pack of discs and all necessary cables digital recording at its finest, only \$100 obo, what a deal!!! Round table w/ extension and 4 chairs, a fine looking cherry or maple set. It's one of the two, look, I'm not a carpenter, only \$50.00 obo. I'm willing to negotiate. Call Robbie or Nicole at 295-549-618 or e-mail at robbie.arp@lajes.af.mil

Palm Pilot III c with all software, accessories and Hot Sync cradle for PC \$200/OBO; Silent Hill 2 X box game, like new \$20; Cell phone with extra case and charger \$25, call 295-549-809, leave message

Infinity SM 120 speakers with 12" woofers, \$100 for set. Very good condition. Call 295-516-090. Leave message.

Pioneer DVD/CD Player, \$100; Small Dog/Cat Kennel, \$10; Upright Hoover Vacuum, \$35, call George at 295-549-555 or 2-5064.

CROSSROADS

This funded Air Force newspaper is an authorized weekly publication for members of the U.S. military services overseas.

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The Crossroads staff encourages its readers to call or e-mail with ideas or corrections. Call 2-3347 to speak to a Crossroads staff member or e-mail us at news@lajes.af.mil.

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